

March Journal Prompts

- Day 1:** My top 5 goals to accomplish this month are...
- Day 2:** What will matter most when you look back on your life as an older person?
- Day 3:** Pick a Bible verse for the day and free write what it means to you.
- Day 4:** List your top 5 priorities in life and how well you are investing in each.
- Day 5:** If you could go on a missions trip anywhere in the world where would it be?
- Day 6:** List 3 causes you are passionate about in this world and why.
- Day 7:** What is one thing you'd like to do differently this week than the last?
- Day 8:** On a scale of 1-10 today my mental health is at a...because...
- Day 9:** List 5 positive things about yourself and 5 areas you could work on.
- Day 10:** Write about something you need to do more often.
- Day 11:** Summarize a core message of the last book you read or movie you saw and reflect on your thoughts about that message.
- Day 12:** List 5 people you'd like to pray for today with your prayer request for them.
- Day 13:** What are the "should have's" in your life you've held onto that you need to let go of to move forward with what's in front of you?
- Day 14:** Make a list of 7 rules that you live by,
- Day 15:** On a scale of 1-10 how critical are you of yourself? How can you have better balance?
- Day 16:** Write a letter to God about the one thing that has been worrying you.
- Day 17:** How would you define personal success? What does it look like? Are your ideals more materialistic or intrinsic?
- Day 18:** If one more day was added to the week, what would you do with it? What does this say about you?
- Day 19:** Write about a tweet, quote or post that inspired you today or this week.
- Day 20:** List 5 things you've taken for granted that others would be grateful for.
- Day 21:** What do you believe God is trying to teach you in this season of your life?
- Day 22:** List the fruits of the Spirit (Galatians 5:22-23) and what each quality means.
- Day 23:** What does it mean to be a follower of Christ? Make 7 points.
- Day 24:** Write about the last major change that was made in your life & the results.
- Day 25:** List 3 emotions you're feeling right now and why.
- Day 26:** How do you typically make decisions? How can you improve on this?
- Day 27:** What are 5 qualities you usually admire in others? Why is that?
- Day 28:** Write about 5 small habits that you'd like to add to your daily routine.
- Day 29:** One thing you should start doing that your future self will thank you for.
- Day 30:** One thing you should stop doing that your future self will thank you for.
- Day 31:** Write about a big lesson learned this month & reflect on your former goals.